

Case Overview of Patients under Surveillance of COVID-19 in Central Java Province, Indonesia

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Abstract. Central Java reported 1,541 cases of Patients Under Surveillance until April 14th, 2020. It is expected to increase everyday. However, reports about the epidemiological characteristics of Patients Under Surveillance cases are still limited. This study aims to describe Patients Under Surveillance case of COVID-19. The study used quantitative descriptive design, whereas many as 1,541 cases were described based on the characteristics, contact history, history of transit, and the symptoms. The data are obtained from the Department of Health, Central Java and processed with descriptive statistical data analysis. Results showed from 1,541 cases as much as 59.9% were male and 43% aged 19-44 years. As many as 154 death cases were dominated by men (61.6%) and elderly ≥ 60 years (38.3%). The highest IR was Semarang (16.85/100,000 population). Symptoms that often found were cough, fever, dyspnea (8.3%), and 3.96% asymptomatic. The history of contact with the traveling person (4.7%). The most visited city was Jakarta (7.5%). It is concluded that cases in Central Java spread across 35 cities with a high number of cases and mortality. It is necessary to conduct a detailed Patients Under Surveillance case reports to monitor the spread of the virus that can be prevented in advance.

Keywords. COVID-19, Patients under Surveillance, PDP, Descriptive

1 Introduction

At the end of December 2019 in Wuhan City, Hubei Province, China, a new outbreak occurred and was designated as Coronavirus Diseases (COVID-19) [1, 2]. This disease is called COVID-19 because it is caused by coronavirus type 2 (SARS-CoV-2) which attacks the human respiratory tract [2]. It started from wild animals (bats) infected with coronavirus transmitted to humans and humans transmitted to other humans through droplets. This epidemic quickly spread internationally to other countries [3]. Therefore, on March 11,

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2020, the World Health Organization (WHO) officially declared COVID-19 as a global pandemic [4].

The total of 10,695,608 cases of COVID-19 is recorded globally up to July 2nd, 2020, in 188 countries. Deaths recorded in the world were 508,055 cases, which means that the global Case Fatality Rate (CFR) was 21.05% [5, 6]. WHO established the assessment regarding the risk of spread and the impact of COVID-19 is very high at the global level [7]. The estimated reproduction number (R_0) of COVID-19 is 1.4 to 2.5 which means that a person with COVID-19 can transmit 1 to 2 people in the vicinity if efforts to prevent were not taken [8]. But this number is different from other studies, which estimates the R_0 of COVID-19 is greater, which is 3.28 [9]. Indonesia is one of 188 countries that have contributed to COVID-19 cases in the world. Total cases of COVID-19 until July 2nd, 2020, were confirmed at 57,770 positive cases with 25,595 recoveries, and 29,241 cases of death [10].

It is not only the confirmed positive cases that become concerned now but also the case with alleged COVID-19 or the so-called suspected COVID-19 is getting attention. The Ministry of Health in Indonesia set the terms suspect COVID-19 with the designation of Patients under Surveillance (in *Bahasa: Pasien Dalam Pengawasan (PDP)*). PDP is a person with ARI infection having symptoms or a history of fever ($\geq 38^\circ\text{C}$) accompanied by one of the COVID-19 symptoms, such as coughing, fatigue, loss of appetite, etc., have a history of travel to areas that are infected or history contact with COVID-19 patients, and no other causes by clinical overview [11]. Furthermore, PDP will take further tests to be determined as a positive or probable case of COVID-19 [12].

The number of PDP in Indonesia is reported as many as 13,296 patients and these cases are spread in 34 provinces in Indonesia [10]. Central Java is one of the provinces with the most cases of positive COVID-19 and PDP in Indonesia, occupying the top 4. The data reported until April 14th, 2020 was 1,541 patients with PDP status in Central Java. The number of patients who died with PDP status was 154 patients, where 38.3% were people with age (≥ 60 years) [13]. Reports on the epidemiological characteristics of PDP cases are still limited. This research aims to describe the characteristics, contact history, travel history, and symptoms of PDP of COVID-19 patients in Central Java. It is expected that the results of the study become a source of information to the public regarding the case of COVID-19, especially the case of the PDP of COVID-19 in the Central Java Province.

2 Method

This research used the descriptive quantitative design, in which we described the distribution of PDP cases of COVID-19 in Central Java that was reported until April 14th, 2020. We recorded 1,541 cases of Patients Under Surveillance (PDP) COVID-19 spread over 35 cities/regencies in Central Java. The distribution of PDP cases is described based on the characteristics of the patients including age, gender, and region (city/district) origin and contact history, travel history, and the symptoms experienced. 154 cases PDP deaths described by the characteristics of age and gender. The data sources derived from case reports of PDP of COVID-19 by the Department of Health in Central Java and analyzed using descriptive statistical analysis to obtain the distribution of frequencies in each variable.

3 Results

3.1 PDP Case Distribution based on gender

The number of PDP cases of COVID-19 in Central Java is presented in Figure 1. In the graph, it shows that the incidence of PDP in male patients was more frequent than in females. There were 923 male patients with PDP status while there are 618 female patients. Similarly, the number of death cases of PDP patients. The death case of male amounted to 95 cases tends to be more compared to females with 59 cases.

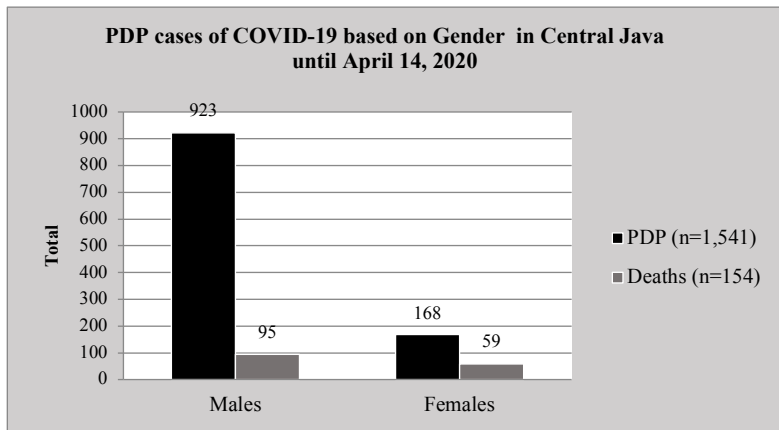


Fig. 1. Frequency distribution of PDP of COVID-19 in Central Java-based on gender

3.2 PDP Case Distribution based on Age

Patients suspected to COVID-19 or referred to as PDP occurs at all levels of age. The PDP case distribution and PDP death cases based on age are presented in graph 2 below. The graph shows that PDP cases most likely to happen at the reproductive age of 19-44 years old (adult) with 663 cases or 43% of total cases. It has the least happened in patients aged 6-9 years amounted to 25 children.

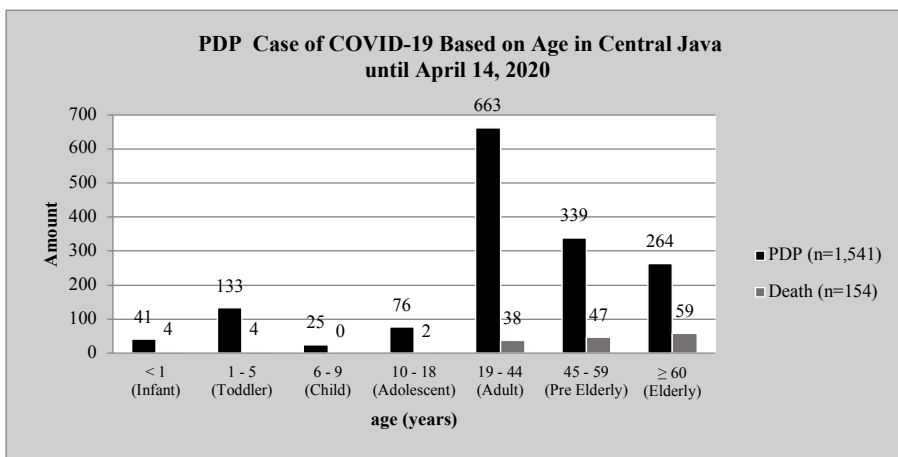


Fig. 2. The distribution of PDP COVID-19 frequencies in Central Java is based on age

In total 154 cases of death, the highest incidence occurred in elderly patients aged (≥ 60 years). A total of 59 patients (38.3%) with elderly age died before the results of the test were out or still in the status of PDP. The lowest mortality rate was in the adolescent group

(10-18 years) with 2 cases of death. No death cases occur in children by the age of 6-9 years.

3.3 Distribution of PDP Cases by Origin

PDP cases were spread in 35 cities/regencies in Central Java Province. The case distribution by the origin of the patients is presented in Table 1. Seen from the table, that the highest case of PDP located in the city of Semarang with 306 cases (19.5%). Semarang City's Incidence Rate (IR) was also the highest in Central Java at 16.85/100,000 population. In every 100,000 populations, there were at least 16 cases of PDP in Semarang that recorded until April 14, 2020. Besides, other higher IR occupied by Magelang with 15.59/100,000 population. The region with the least number of PDP cases was Pekalongan with 3 PDP cases with IR of 0.99/100,000 population. However, the lowest IR was in the Blora with IR of 0.70/100,000 population with the case of the PDP as many as 6 patients.

Table 1. The frequency distribution of PDP COVID-19 cases based on Patients' origin in Central Java until April 14+, 2020

No	District/City	Total		Total Population*	IR/100,000
		Frequency	%		
1.	Semarang	301	19.5	1,786,114	16.85
2.	Magelang City	19	1,2	121,872	15.59
3.	Surakarta	62	4.0	517,887	11.97
4.	Kudus	82	5,3	861,430	9.52
5.	Salatiga	17	1,1	191,571	8.87
6.	Purbalingga	76	4.9	925,193	8.21
7.	Tegal	17	1,1	249,003	6.83
8.	Karanganyar	42	2.7	879,078	4.78
9.	Banyumas	80	5.2	1,679,124	4.76
10.	Demak	54	3.5	1,151,796	4.69
11.	Magelang	59	3.8	1,279,625	4.61
12.	Sukoharjo	40	2.6	885,205	4.52
13.	Purworejo	30	1.9	716,477	4.19
14.	Semarang	42	2.7	1,040,629	4.04
15.	Banjarnegara	34	2.2	918,219	3.70
16.	Brebes	61	4.0	1,802,829	3.38
17.	Rembang	21	1.4	633,584	3.31
18.	Wonosobo	26	1.7	787,384	3.30
19.	Cilacap	52	3.4	1,719,504	3.02
20.	Tegal	43	2.8	1,437,225	2.99
21.	Kebumen	35	2.3	1,195,092	2.93
22.	Wonogiri	28	1.8	957,106	2.93
23.	Jepara	36	2.3	1,240,600	2.90
24.	Sragen	25	1.6	887,889	2.82
25.	Kendal	24	1.6	964,106	2.49
26.	Boyolali	24	1.6	979,799	2.45
27.	Batang	15	1.0	762,377	1.97
28.	Klaten	23	1.5	1,171,411	1.96
29.	Pati	24	1.6	1,253,299	1.91
30.	Grobogan	25	1.6	1,371,610	1.82

31.	Pemalang	20	1,3	1,299,724	1,54
32.	Temanggung	10	0.6	765,594	1.31
33.	Pekalongan	9	0.6	891,892	1.01
34.	Pekalongan City	3	0.2	304,477	.99
35.	Blora	6	0.4	862,110	0.70
36.	Central Java	76	4.9	-	-
Total		1.541	100.0	-	-

* BPS data for Central Java in 2018

3.4 PDP Case Distribution Based on Symptoms Experienced

The symptoms experienced in the PDP case are presented in Table 2. The table shows that the symptoms are often found that are fever, cough, and dyspnea with 8.3% of the total 1,541 cases. Besides, symptoms with cough and fever alone are also commonly found in PDP cases as much as 6.1%. The case of asymptomatic patients pretty much found also in Central Java. A total of 3.96% or 61 people registered without any symptoms when doing checks at health facilities in Central Java. Even so, 41.73% of the patients were not recorded in the report.

Table 2. The frequency distribution of symptoms experienced by the PDP COVID-19 in Central Java until April 14th, 2020

Symptoms experienced	Frequency	%
Cough	47	3.05
Bleeding cough	4	0.26
Cough, cephalgia, fever	14	0.91
Cough, cephalgia, dyspnea,	3	0.19
Cough, cephalgia, sore throat	2	0.13
Cough, cephalgia, cold	2	0.13
Cough, fever	94	6.10
Cough, fever, diarrhea	8	0.52
Cough, fever, dyspnea	128	8.31
Cough, fever, dyspnea, colds	51	3.31
Cough, fever, malaise	7	0.45
Cough, fever, colds	70	4.54
Cough, fever, nausea	11	0.71
Cough, fever, sore throat	14	0.91
Cough, fever, sore throat, cold	19	1.23
Cough, fever, odynophagia	9	0.58
Cough, diarrhea	2	0.13
Cough, dyspnea	69	4.48
Cough, dyspnea, sore throat	7	0.45
Cough, dyspnea, odynophagia	2	0.13
Cough, dyspnea, colds	9	0.58
Cough, Cold	3	0.19
Cough, malaise	36	2.34
Cough, sore throat	10	0.65
Cough, odynophagia	3	0.19
Cephalgia, fever	10	0.65
Fever	58	3.76

Fever, diarrhea	3	0.19
Fever, dyspnea	36	2.34
Fever, dyspnea, malaise	3	0.19
Fever, dyspnea, sore throat	4	0.26
Fever, dyspnea, odynophagia	2	0.13
Fever, nausea, vomiting	20	1.30
Fever, sore throat	7	0.45
Fever, colds	3	0.19
Dyspnea	38	2.47
Edema pulmonary, breathing difficulties	1	0.06
breathing difficulties, shock	1	0.06
Limp	2	0.13
Malaise	6	0.39
Shivers, sore throat	1	0.06
Nausea, Vomiting	1	0.06
Nausea, Vomiting, Stomach Pain	1	0.06
Vomiting, chest pain	1	0.06
Stomach Pain	2	0.13
Low back pain	1	0.06
Throat Pain	4	0.26
Odynophagia, Cold	1	0.06
Decreased Consciousness	1	0.06
Pneumonia	1	0.06
Dizzy	2	0.13
Cold	2	0.13
Itchy Throat	1	0.06
No symptoms	61	3.96
Not Recorded	643	41.73
Total	1.541	100.00

3.5 PDP Cases Distribution Based on Contact History

Contact History of PDP patients in Central Java is shown in Table 3. A total of 72 patients with the status of PDP had a history of contact with travelers. Contact history is the most frequently happened in the case of PDP in Central Java. Travelers are people who traveled from the country or region that had been reported to be exposed to COVID-19 [14]. Nevertheless, as many as 1,276 PDP patients (82.8%) had no clear or recorded contact history so the definite history of contact of the patients before being declared as PDP cannot be concluded.

Table 3. The frequency distribution of contact history of PDP COVID-19 in Central Java until April 14th, 2020

Contact History	Frequency	%
Contact History with people under surveillance	7	0.5
Contact History with the foreigners	5	0.3
Contact History with asymptomatic patients	1	0.1
Contact History with positive COVID-19 patients	33	2.1
Contact History with PDP	41	2.7
Contact History with Travelers	72	4.7

Secondary Contact History with the foreigners	1	0.1
Secondary Contact History with positive COVID-19 patients	1	0.1
Secondary Contact History with Travelers	1	0.1
No contact history	103	6.7
Contact history is unclear	1, 276	82.8
Total	1,541	100.0

3.6 PDP Cases Distribution Based on Travel History

Based on Table 4 presented below, it is figured that most patients (25.9%) with the status of PDP had a domestic trip and as much as 3.2% or 50 PDP patients traveled overseas. However, as much as 61.5% is not known clearly or not recorded in a report regarding their travel history before being declared as PDP. This number was bigger compared with the data recorded so that the travel history of PDP patients could not be concluded.

Table 4. Frequency distribution of PDP COVID-19 travel history in Central Java until April 14th, 2020

Travel History	Frequency	%
Domestic Travel history	399	25.9
Overseas Travel history	50	3.2
Domestic and Overseas Travel history	1	0.1
Unclear Travel history	947	61.5
No travel history	144	9.3
Total	1,541	100.0

3.7 PDP Cases Distribution Based on Transit Place

Transit history is a place or area that had been visited by the PDP during the 14 days before experiencing symptoms of COVID-19. The distribution of PDP cases based on transit place is presented in Table 5 below.

Table 5. Frequency distribution of PDP COVID-19 transit history in Central Java until April 14, 2020

Transit	Frequency	%	Transit	Frequency	%
Ajibarang	1	0.06	Colombus Ship	1	0.06
America	1	0.06	Karawang	1	0.06
Australia	1	0.06	Kediri	1	0.06
Australia, Malaysia	1	0.06	Klampok	1	0.06
Bali	1	0.06	Klaten	2	0.12
Bandung	1	0.06	Korea	5	0.32
Bandung, Jakarta, Purwokerto	1	0.06	Kudus	3	0.19
Banten	1	0.06	Magelang	6	0.39
Banyuwangi	1	0.06	Magetan	1	0.06
Batam	1	0.06	Makasar	9	0.58
Bekasi	1	0.06	Makasar, Surabaya	2	0.12
Bogor	1	0.06	Malang	4	0.26

Bogor, Madiun, Merak, Solo	1	0.06	Malaysia	8	0.50
Boyolali	1	0.06	Malaysia, Singapore	1	0.06
Boyolali , Jakarta	1	0.06	Maluku	1	0.06
Cengkareng	1	0.06	Merauke	1	0.06
Ciamis	1	0.06	Palembang	2	0.12
Cikarang	1	0.06	Papua	1	0.06
Cilacap	1	0.06	Pati	4	0.26
Cilegon	1	0.06	Pekalongan	3	0.19
China	1	0.06	Purbalingga	1	0.06
Cirebon	1	0.06	Rembang	2	0.12
Cirebon, Jakarta, Purbalingga	1	0.06	Salatiga	4	0.26
Depok	8	0.50	Saudi Arabia	13	0.84
Dubai, Europe	1	0.06	Semarang	50	3.24
Garut	1	0.06	Singapore	5	0.32
Gowa	8	0.50	Solo	26	1.69
Gowa , Makassar	1	0.06	Solo, Yogyakarta	1	0.06
Jakarta	116	7.53	Sukabumi	7	0.45
Jakarta, Kalimantan	1	0.06	Sukoharjo	2	0.12
Jakarta, Makassar	1	0.06	South Sulawesi	1	0.06
Jakarta, Palembang	1	0.06	Sumatra	1	0.06
Jakarta, Surabaya	1	0.06	Surabaya	17	1.10
West Java	1	0.06	Taiwan	1	0.06
Jember	1	0.06	Tangerang	16	1.04
Japan	5	0.32	Tegal	1	0.06
Japan, Yogyakarta	1	0.06	Wonogiri	1	0.06
Jepara	2	0.12	Yogyakarta	16	1.04
Jepara, Kendal	1	0.06	There was history but unclear location	12	0.78
Jombang	1	0.06	No history	44	9.34
Juwana	1	0.06	Not recorded	947	61.45
Central Kalimantan	1	0.06	Total	1,541	100.00

Based on the table above, note that the most visited transit by the PDP in Central Java is Jakarta with 7,53%. Other regions that were visited by the patient before being declared as PDP are mostly to Semarang (3.24%) and Solo (1.69%). Even so, there was still quite a lot of transit history by PDP which was not recorded as many as 947 cases (61.45%), cases and locations of transit were not clear (0.78%). Therefore, we cannot precisely conclude the transit places of PDP in the province of Central Java.

4 Discussion

A total of 1,541 patients suspected with COVID-19 classified as PDP cases in Central Java. Among the 1,541 cases, 43% were patients aged 19-44 years with male patients (59.9%), a bigger number than in females. The result is similar to a study in Nepal which found that

out of 40 patients with suspected COVID-19, 62.5% of the patients are males with the range of an average age of 24-44 years [15]. Similar to the other studies showed that the number of cases with males who are infected from experiencing severe symptoms is bigger compared to females [16]. From 425 patients with COVID-19, 56% are males [17,18]. Besides, the average age of the patients infected with COVID-19 is 45-56 years [19-21]. It is contrary to the results of the study found in China, where cases of suspected and confirmed are more found in females (72.9%) compared to males with an average age of 39.08 years [22].

The death case of PDP in Central Java are 154 cases, where the proportion of males still dominates the number. There are more elderly patients age ≥ 60 years (38.3%) than other ages. Similar cases were reported in a study in China, the percentage of older age (≥ 65 years) was found far higher in deceased patients than in cured patients (83.8% in 37 patients who deceased compared to 13.2% in 1,019 cured patients) [23]. In the elderly, the severity of death is more susceptible. Death in the elderly PDP might be influenced by other factors including comorbidities such as diabetes, hypertension, and coronary heart disease [24, 25].

Both the males and females have the same risk to be PDP, positive COVID-19, or vulnerable to death from COVID-19. It is described in a study in China, where vulnerability to the same proportion happened in 1,019 patients, 50% in males, and 50% in females. The gender factors and the tendency of the number of males that are bigger in this incident, it can be associated with shorter life expectancy in men than women in China and some other countries in general [23].

Symptoms that are often found in PDP cases include coughing, fever, and dyspnea. WHO explained that some people who are infected with COVID-19 will experience mild to moderate symptoms associated with respiratory or recover without treatment [26]. Common symptoms that often occur are a fever with temperature $>37.8^{\circ}\text{C}$, fatigue, and dry cough. Other symptoms such as short breath, myalgia, sore throat, dyspnea, pneumonia, and some people reported diarrhea, nausea, or colds, pulmonary edema, failure of many organs [18, 26-28]. Even at this time, there are many cases of asymptomatic people in PDP cases that have become positive COVID-19. In this study 61 patients (3.96%) found without symptoms. It is similar to findings in a study in Japan, 41% of the total 104 patients were known to be asymptomatic [29]. Other studies report 2 of 78 confirmed as cases with no symptoms [30]. There is a claim in a study that there is no statistical difference between the transmissibility of asymptomatic cases compared with the symptomatic cases [31]. However, based on a re-analysis of other studies it is known that the transmissibility of asymptomatic cases can be lower than symptomatic cases by comparing reproduction rates [32].

The Semarang City is the area with the highest PDP case in Central Java. The high number of residents as well as the high activity in Semarang as the Capital City of Central Java became one of the contributing factors of the increase in COVID-19. In handling COVID-19, the government has made efforts to reduce the number of COVID-19 cases in Semarang by implementing a program called Community Activity Restrictions. This program is a policy in limiting activities such as work, school, and other gathering activities in the community to reduce the spread of the COVID-19 virus which is increasingly widespread in the Semarang [33].

The restrictions had been implemented because of the rapid spread of the virus through direct contact with the people who are infected with COVID-19. Transmission of COVID-19 from human to human is through droplets when talking/sneezing/coughing [34]. In this database, as many as 162 cases of PDP recorded had a history of contact with people who allegedly can transmit COVID-19. The case of PDP in Central Java had most contact history with the traveler, amounted to 72 cases of PDP. Travelers are those who travel to

areas confirmed to be exposed to COVID-19 [14]. Studies in Nepal explained that one of the four patients who were treated had a history of contact with members of the family who are asymptomatic or people without symptoms (in *Bahasa: Orang Tanpa Gejala (OTG)*) that recently returned from India [15]. It also supported by another study in China, where 24 OTG patients transmit to family members who live in one house and show the severity of COVID-19 infection [21].

The reports on the contact history of PDP patients need to be made to determine the exposure to the virus obtained from the patient as well as information in tracing to prevent increasingly widespread transmission. This contact history can be a factor in patients experiencing symptoms or infected by COVID-19. Rapid transmission of COVID-19 makes it easy for widespread transmission in an area. Estimated reproduction number (R_0) of COVID-19 by 1.4 to 2.5 which means that a person with COVID-19 can transmit 1 to 2 people in the vicinity if prevention efforts are not taken [8]. However, this number is different from other researches that estimating the R_0 of COVID-19 is greater than 3.28 [9].

5 Conclusions

The case of the PDP COVID-19 in Central Java recorded as many as 1,541 cases with 154 deaths until April 14, 2020. In this case, the category of age with most patients are 19-44 years, while the most death of a patient of PDP found in elderly patients (≥ 60 years old). Death cases of PDP can be caused by factors like comorbidities and others. Semarang became the area with the highest IR in Central Java, so the government immediately carry out the Community Activity Restriction to reduce the crowded activity of the people and to prevent the transmission of COVID-19 that increasingly widespread in Semarang. It is because the transmission of COVID-19 is rapid and direct contact from human to human. Besides, the reports on unclear contact history are still dominating. The most visited transit in Jakarta, but there are more data unrecorded. Symptoms that most commonly found include fever, cough, and dyspnea. It is necessary to make a precise and clear report on contact or transit history in PDP cases to determine the possibility of exposure to the virus of the patients obtained from contact with other people as well as information to perform tracing to prevent wider transmission. This research is expected to be a source of information and input for related institute to put into consideration in making an effective policy so that the transmission of COVID-19 is not getting wider and the cases are not increased in Central Java.

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